

# Team Building

Team Building is one of many activities we can provide at Moat Mount. It gives children the chance to step out of the classroom situation and develop their communication skills, as well as becoming more aware of their skills as a team player. The children learn to take responsibility for their actions and see how these actions can affect other people. They can become aware of the views, needs and rights of other children while developing skills such as how to take turns, resolve simple problems and see the benefits of encouragement rather than arguments. Older children especially become aware of their own learning and are given the opportunity to develop independence and self-confidence. This can be linked to Year 6 classes as we can emphasise the importance of working as team players and having confidence in yourself and own positive abilities ready for high school.

## National Curriculum

KS2 En1- 1a,b, c 2a,b, e 3a,b, c, d, f 10 a, b, c,

KS2 PE- 1a,b 2a,b 3a,b 11a,b, c

KS2 PSHE & Citz 1a,b, c 2f,g 4a 5b,d, I

## OCA

### **Citizenship**

Unit 1 Taking Part- developing skills of communication and participation

Unit 2 Choices

Unit 12 Moving On

### **PE**

Unit 30 Outdoor and Adventurous Activities



The team building was really fun and got my brain working. The best activity for team building was the bridge when we used planks and crates to get over the imaginary dam.

**Sarah - Sacred Heart School**

# Adventure Course

The Adventure Course gives children the opportunities to not only challenge themselves and their own abilities, but to also work as a team to achieve the best results they can. The children learn from first hand experience how to support each other's weaker areas but maximise on each other's potential. We offer a ropewalk, tyre monkey bars, balance beam and wooden wall to climb. The Adventure Course incorporates important skills such as spatial awareness, co-ordination and communication. They also need to decide on ways of technically improving their physical performance and which roles they should take in the group.

## National Curriculum

KS2 En1- 1a,b, c 2a,b, e 3a,b, c, d, f 10 a, b, c,

KS2 PE- 1a,b 2a,b 3a,b 11a,b, c

KS2 PSHE & Cit 1a,b, c 2f,g 4a 5b,d, I

## QCA

### **Citizenship**

Unit 1 Taking Part- developing skills of communication and participation

### **PE**

Unit 30 Outdoor and Adventurous Activities



**Jamie- Monkfrith Primary School**

# Orienteering

We offer a permanent orienteering course with map packs. The great aspect of our orienteering course is that we can go around with the children or you can use your own map skills and orienteering skills to teach the children first hand about map reading. The children love exploring the countryside and this incorporates aspects of PE, PSHE and Geography. It is seen as an adventurous activity and the children look at it like a treasure hunt. It is a fun way of bringing map reading to life.

## National Curriculum

KS2 En1- 1a,b, c 2a,b, e 3a,b, c, d, f 10 a, b, c,  
KS2 PE- 1a,b 2a,b 3a,b 11a,b, c  
KS2 PSHE & Cit 1a,b, c 2f,g 4a 5b,d, I  
KS2 Gg – 2c,g 3b,c 5a,b

## OCA

### **Citizenship**

Unit 1 Taking Part- developing skills of communication and participation

### **Geography**

Unit 6 Investigating our Local Area

### **PE**

Unit 19, 20 and 30 Outdoor and Adventurous Activities



I liked orienteering as well because you've got to find things in the woods and I thought it was great fun.

## Kishan- Sacred Heart

# Pond Dipping

Pond Dipping is another activity, which we offer here at Moat Mount. We can carry this out in two sessions, incorporated with our Nature Walks. It is a perfect way of exploring habitats and different pond life. The children enjoy dipping in the water and seeing which creatures they can identify. There are also given opportunities to discuss life processes, water cycles and carry out further follow up activities back in the classroom. Pond Dipping links with many QCA units including specifically opportunities to write to the council about our pond and looking at the children's local area in Geography.

## National Curriculum

KS2 Sc2- 1a,b, c 3a,b, c 4c 5a,b, c, e

## QCA

### **Science**

Unit 2B Plants and Animals in the Local Environment

Unit 3B Helping Plants Grow Well

Unit 4B Habitats

Unit 6A Interdependence and Adaptation

### **Geography**

Unit 6 Investigating Our Local Area

Unit 8 Improving the Environment



# Nature Walks

The grounds of Moat Mount include vast field and wooded areas. We are able to take you on Nature Walks explaining to the children about the different trees and flowers and different aspects of their natural surroundings. This would also be a good opportunity to develop hands on a QCA unit or direct experimental links to the National Curriculum. As with the pond dipping there is the opportunity to look at the life cycle of the animals and plants in the area. It is a great way to learn about natural habitats and even ways of improving our local environments.

## National Curriculum

KS2 Sc2- 1a,b, c 3a,b, c 4c 5a,b, c, e

## QCA

### Science

Unit 2B Plants and Animals in the Local Environment

Unit 3B Helping Plants Grow Well

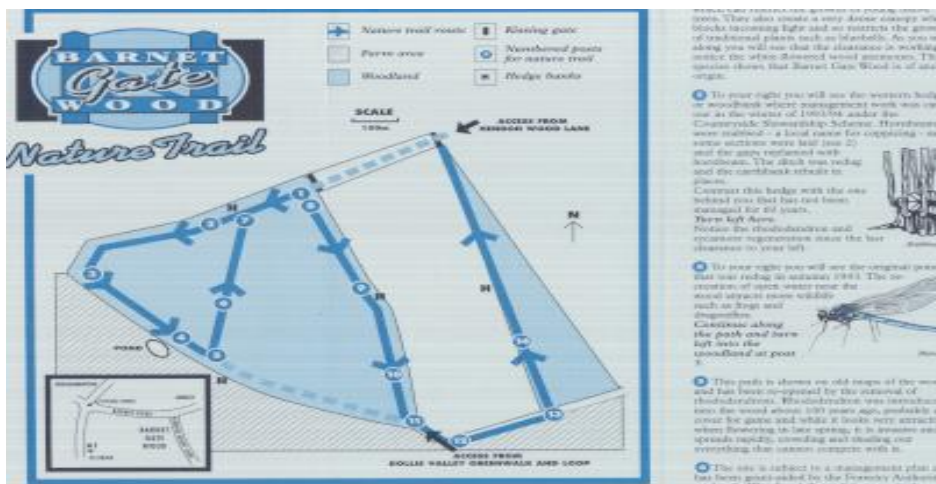
Unit 4B Habitats

Unit 6A Interdependence and Adaptation

### Geography

Unit 6 Investigating Our Local Area

Unit 8 Improving the Environment



We went for a walk in the woods The next day It was fantastic looking at all the amazing weird and wonderful trees and plants.

James- Sacred Heart

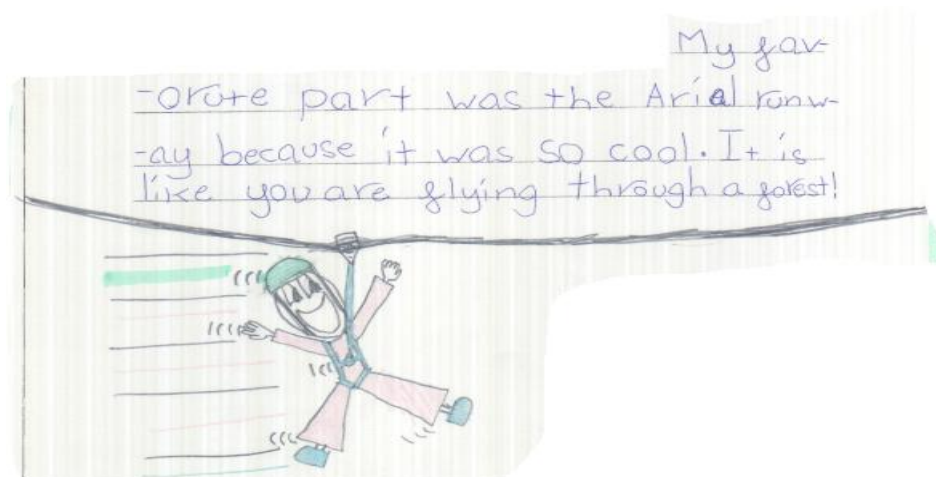
# Archery/Aerial Runway

Archery and the aerial runway are activities, which we run for groups. The children get a chance to try new skills, which are unusual and exciting. They need to concentrate and listen to instructions in order to improve their performance. Like team building these activities can increase their self-confidence and adventurous nature.

We have a huge field and vast woodland. The children can enjoy many physical activities including football and cricket for example. The children gain a taste of the countryside and can have fun collecting wood for campfires and exploring different ways to express themselves, for example singing and talent competitions.



Oliver- Brooklands Junior School



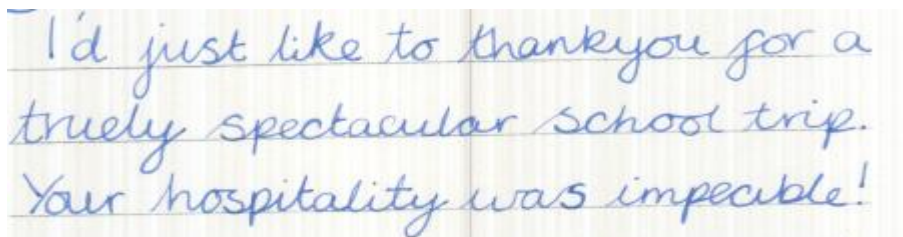
Peter- Sacred Heart

# Moat Mount Outdoor Centre

We can offer you and your group an extremely flexible residential experience at very reasonable prices. The great aspect of Moat Mount is its location and the adaptable range of activities we can offer. All of our activities link with aspects of the QCA and National Curriculum. As well as this the children learn to be more independent, grow in self-confidence and they have to learn important social skills whilst living in each other's company for the night.

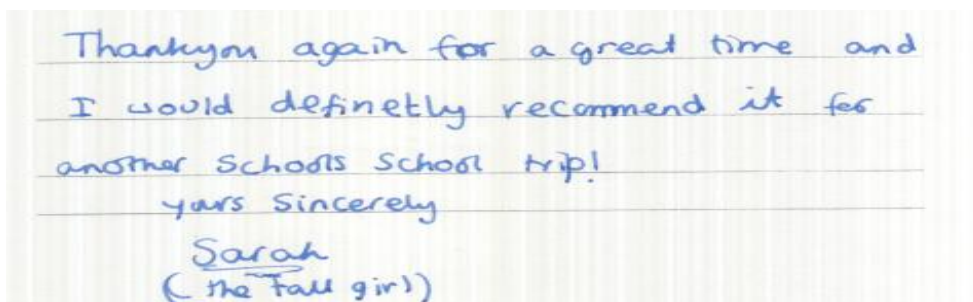
Our main activity/class room is great for teaching in and is very light and spacious. Activities such as art and science are ideal subjects to be linked to the activities children can take part in throughout the day. During wet weather or even extremely hot weather, the classroom is an excellent base and a real bonus when staying in the outdoor centre.

Our centre will provide you with quality accommodation for up to 36 people. We are able to assist you in putting together a programme to suit the needs of your particular group, depending on your specific focus and reason for visiting us. We are able to run activities, however there are many economic benefits of using your own staff to run the numerous activities available at Moat Mount. For example we can provide you with the map packs for our permanent orienteering course which you could then carry out.



I'd just like to thank you for a truly spectacular school trip. Your hospitality was impeccable!

## Kasia- Sacred Heart School



Thank you again for a great time and I would definitely recommend it for another school's school trip!  
Yours Sincerely  
Sarah  
(the Tall girl)

## Sarah- Sacred Heart School

For further information visit: [www.moatmount.co.uk](http://www.moatmount.co.uk)

Call us on **020 8906-9499**

# Moat Mount Outdoor Centre



Information on Outdoor Education  
with links to the National Curriculum  
and the QCA Units of Work.